

# ACADEMIC PLANNER & UNITIZATION OF SYLLABUS

## Department of Nutrition

2<sup>nd</sup> Year: Semester IV

(SH/NUT/402/C-9) Core 9, (SH/NUT/403/C-10) Core 10

Diet Therapy I, Diet Therapy II

Credit- 06 Full Marks: 50 Classes: 60 (Lecture) + 15 (Tutorials)

Subject Teacher- Moumita Dutta

### SYLLABUS UNITIZATION

Month	Week	Portion
March,2023	2	C9T9- General idea about diet therapy, principles of diet therapy, Therapeutic diet. C10T10- Diabetes- a general idea about diabetes,Classification and types.
	3	C9T9- Therapeutic adaptations of normal diet, classification of therapeutic diet. C10T10- aetiology of diabetes, diagnostic test to assess diabetes.
	4	C9T9- Types of Dietitian and role of dietitian in hospital management. C10T10- Management and nutritional care of diabetes mellitus.
	5	C9T9- Routine hospital diets, oral feeding, Tube feeding and it's classification. Parenteral feeding, classification, advantages and disadvantages. C10T10- <b>Class test.</b> Dose of insulin during diabetes, role of dietary fibre.
April, 2023	1	C9T9- Pre and post operative diets, role of immunonutrition. Diet in surgical condition. C10T10- Aetiology of glomerulonephritis and it's symptoms.
	2	C9T9- Burn- classification, phases, actions, nutritional care and management of burn patient. C10T10- Nutritional management of glomerulonephritis.

	3	C9T9- <b>class test.</b> Aetiology of overweight and obesity, complications, measurements and nutritional care of obese patient. C10T10- Aetiology of Nephritis and it's symptoms.
	4	C9T9- Aetiology of underweight, complications, measurement, nutritional care of underweight person. C10T10- Nutritional management of Nephrosis.
May, 2023	1	C9T9- Diet in febrile condition (Influenza, Malaria)- causes, symptoms, nutritional management. C10T10- <b>Class test.</b> Aetiology and symptoms of Renal failure.
	2	C9T9- Tuberculosis- causes, symptoms, nutritional management. <b>Class test.</b> C10T10- Nutritional management and care of renal failure patient.
	3	C9T9- Peptic ulcer- aetiology, symptoms, diagnostic tests, management and nutritional management. C10T10- Dialysis, types of dialysis, dietary management. <b>Class test.</b>
	4	C9T9- Diarrohea- aetiology, symptoms, diagnostic test, management and nutritional care. Role of prebiotics and probiotics in management of diarrohea. C10T10- urolithiasis- causes, types of calculi, diet for renal calculi.
	5	C9T9- <b>Class test.</b> Constipation- aetiology, symptoms, classification, management and nutrironal care. Role of dietary fibre. C10T10- revision of previous classes and <b>Class test.</b>
June, 2023	1	C9T9- IBS- aetiology, symptoms, classification, management and nutritional care of IBS patient. C10T10- Acid ash diet, Alkaline ash diet, low oxalate diets.
	2	C9T9- Aetiology, symptoms, management of irritable bowl diseases and Flatulance. C10T10- <b>Class test.</b>
	3	C9T9- Aetiology, symptoms and management of Haemorrhoids. C10T10- Revision of Diabetes mellitus.
	4	Revision of previous classes and <b>Class test.</b>

	5	Study Leave.
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